





Your digestive system depends on digestive enzymes: proteins that break down food into nutrients and energy. Undigested food can cause a variety of health problems, including bloating, constipation, gas, headaches and toxin and waste buildup in the colon.



**PrepZymes** contains valuable cultured enzymes, which are active in both acidic and alkaline environments.

### 3 Key Digestive Enzymes and Their Actions:

- 1 **Protease** breaks down protein into amino acids
- 2 **Lipase** breaks down fat into fatty acids
- 3 **Amylase** breaks down carbohydrates into glucose

PrepZymes contains all 3 **plus** cellulase, lactase, maltase, invertase, alpine wild garlic and papaya fruit.

Helping to break down proteins, papain is a plant enzyme found in the tropical fruit papaya, which Christopher Columbus called

the fruit of the angels.



### Proteolytic Enzymes May Do More Than Break Down Protein

Studies have shown they may help to:

- decrease inflammation
- promote healing
- reduce muscle pain

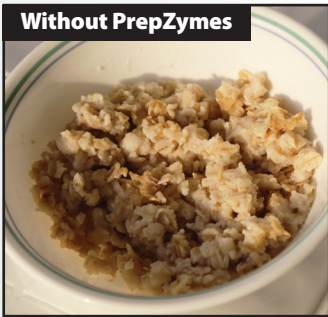
One capsule of PrepZymes before or during a meal helps to **boost your digestive system and overall health.**



# Breakdown of Starch with PrepZymes



Needed: Oatmeal and PrepZymes. ww  
Prepare two bowls of oatmeal (any type).



Let one bowl of prepared oatmeal sit.  
Results after 1 hour.



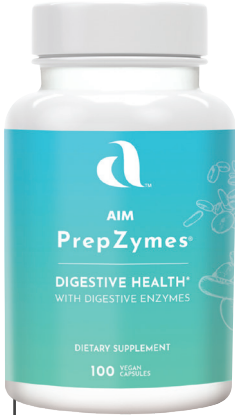
Empty powder from two capsules of PrepZymes into second bowl of prepared oatmeal once it has cooled, then let sit.  
Results after 1 hour.

## 7 Signs that You Need PrepZymes

1. Bloating
2. Indigestion
3. Constipation
4. Diarrhea
5. Trouble Losing Weight

## Before You Use!

**FloraFood** and **PrepZymes** are best taken separately. **Why?** The PrepZymes will chomp down your FloraFood like so many Granny Smith apples if you take them together, and your money and FloraFood will have been wasted. For best results, both should be taken with food but at alternate meal times.



# PrepZymes®

***Digestive Enzymes for  
an Industrialized Diet***

Gluten-free Non-GMO Certified Vegan

## Benefits of AIM PrepZymes®:

Helps maintain digestive health

Allows for more thorough digestion of food

Improves assimilation and utilization of food

Increases energy

Specially made for high-sugar, high-fat diets commonly found in “industrialized” countries



Cultured Enzymes	Breakdown
<b>Protease I</b>	Protein
<b>Protease II</b>	Protein
<b>Alpha/beta amylase</b>	Carbohydrates
<b>Lipase</b>	Fats and oils
<b>Cellulase</b>	Cellulose (plant fiber)
<b>Lactase</b>	Lactose (milk sugar)
<b>Maltase</b>	Carbohydrates (grains)
<b>Invertase</b>	Refined sugars